



SMOKE ALARMS

**SAVE
LIVES**

It's not just stories that are for bedtime

Bedtime checklist

You are more at risk from a fire when asleep, so its a good idea to check your home before you go to bed

Checklist

- Close inside doors at night
- Turn off and unplug electrical appliances (unless they are designed to be left on – like your freezer)
- Check your cooker is turned off
- Don't leave the washing machine on
- Turn heaters off
- Put candles and cigarettes out properly
- Make sure exits are kept clear
- Keep door and window keys where everyone can find them



Keep up to date with what's happening.

There are lots of ways you can keep up to date with what is happening in Cheshire Fire and Rescue Service.



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