

## Cool, call and cover video

Following a burn or scald. Cool call and cover.

### Cool

Cool the burn with running cold tap water for 20 minutes and remove all clothing and jewellery (unless it is melted or firmly stuck to the wound).

### Call

Call for help: 999, 111 or local GP for advice.

### Cover

Cover with cling film or a sterile, non-fluffy dressing or cloth. Make sure the patient is kept warm.

**For more information visit [www.cheshirefire.gov.uk](http://www.cheshirefire.gov.uk)**