

Using Oxygen at home

A fire safety guide

Oxygen therapy means using an oxygen cylinder or a machine to breathe in air that contains more oxygen than normal.



If used sensibly, oxygen can be safe. However, used incorrectly it will cause severe burns, which can prove fatal.

Always follow the safety guidance from your oxygen cylinder or concentrator supplier. Never allow oxygen to be released into the room when not in use.

Do not use oxygen next to:

- Cigarettes
- Lighters and matches
- Cooking appliances
- Heating appliances
- Grease or oil based products

For further fire safety advice, contact your nearest Fire Station or phone:
0800 389 0053

Is it safe to use oxygen at home?

YES. However, you must use it safely. Oxygen is a fire hazard.

- Never smoke or let anyone else smoke while you are using oxygen.
- Turn off the equipment when not in use and ventilate the room.
- Keep oxygen at least six feet (two metres) away from flames or heat sources such as gas cookers, paraffin or gas heaters, candles, cigarettes, cigars and fireplaces.
- Do not use flammable products, such as cleaning fluid, paint thinner, petroleum based creams or aerosols, while you are using oxygen.
- Keep oxygen cylinders upright. Make sure they do not fall over and get damaged, especially when travelling in a vehicle. Ask your supplier for transport box.
- Ensure you have smoke alarms within your home that are in working order.

If you use Oxygen at home, why not arrange for us to come and assess your home to make sure it is safe from fire?

We can visit you at home to offer safety advice. You will also get free smoke alarms if needed.



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